



JO STARKE

Coach/Mentor

INTRODUCTION TO JO STARKE

An ICF (International Coaching Federation) Accredited Coach and Senior Human Resources professional with over 16 years' experience partnering with leaders within complex global organisations and those experiencing rapid growth in fast moving industries. Jo thrives when working with others, building authentic and trusted relationships, and takes great satisfaction in bringing out the best in people.

Jo has partnered with many coachees from diverse corporate organisations including within the FMCG industry. Specifically, Jo has worked with senior leaders at Asahi, Lion and Coles Group through career transition and outplacement as well as leadership development. In addition to her coaching experience, Jo has an extensive background in Human Resources within large complex global organisations (BlueScope Ltd and General Motors Holden) coupled with building the HR function from the ground up at a fast paced, rapidly growing ready meal organisation. Jo therefore brings a unique understanding as a coach due to her professional background which enables her to work effectively with both the coachee and the organisation sponsor where required.

CAREER HISTORY

Jo embarked on a new journey as a Coach at CLA since May 2021, building upon extensive coaching experience at Radiant Coaching since April 2020. Prior HR roles include HR Manager/Consultant at Dineamic Australia and HR Manager at BlueScope Ltd. Jo also served GM Holden Ltd. in diverse capacities, from Technical Advisor to HR Manager, showcasing expertise in talent acquisition and strategic HR management. With a career spanning various HR roles, Jo's journey reflects a commitment to organizational development and individual growth, poised for continued impact in the dynamic landscape of coaching and human resources.

WHAT PEOPLE SAY ABOUT JO

When I met Jo, I'd been working with another coach for over eight months with very slow, even backwards results. I felt like a failure as I just couldn't seem to do what I'd said. Then I met Jo and had more personal a-ha moments in our first conversation, than in the previous 8 months put together! I've never felt more comfortable being myself, even as we uncover (and smash) some of my personal blockages; patterns that I've not even consciously recognised, let alone been able to shift. – *Vicki, Leadership Development Consultant*

QUALIFICATIONS

Master of Business (Human Resource Management)

Bachelor of Applied Science (Human Movement)

ICF Associate Certified Coach

IECL Accredited Coach

ICF Member

IECL Member

Accredited Mental Health First Aider

SPECIALIST EXPERTISE

Leadership Coaching
Human Resources
Learning & Development
Parental leave coaching
Career Transition

SECTOR SPECIALISATION

Public Sector
Manufacturing
Industrial

FOCUS

Leadership & Management
Emerging Leaders
Women
Mentoring

WHAT I BRING AS A COACH/MENTOR

Jo supports people to define what change will create meaningful impact and facilitates bringing this to action. She achieves this through the exploration of both the known and unknown and in identifying what might be preventing them from making their desired change. People will experience a thought-provoking, reflective, challenging, and creative process to help focus their energy and thinking. This allows them to tap into and unlock their own resourcefulness, strengths, and potential within.



JO STARKE

Executive & Leadership Coach

INTRODUCTION TO JO

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- Master of Business (Human Resource Management)
- Bachelor of Applied Science (Human Movement)
- ICF Associate Certified Coach
- IECL Accredited Coach
- ICF Member
- IECL Member
- Accredited Mental Health First Aider

SPECIALIST EXPERTISE

- Leadership Coaching
- Human Resources
- Learning & Development
- Parental leave coaching
- Career Transition

SECTOR SPECIALISATION

- Public Sector
- Manufacturing
- Industrial

CAREER HISTORY

Jo embarked on a new journey as a Coach at Future Leadership since May 2021, building upon extensive coaching experience at Radiant Coaching since April 2020. Prior HR roles include HR Manager/Consultant at Dineamic Australia and HR Manager at BlueScope Ltd. Jo also served GM Holden Ltd. in diverse capacities, from Technical Advisor to HR Manager, showcasing expertise in talent acquisition and strategic HR management. With a career spanning various HR roles, Jo's journey reflects a commitment to organizational development and individual growth, poised for continued impact in the dynamic landscape of coaching and human resources

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– Vicki, Leadership Development Consultant

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