



NATALIE ANKER COHEN

COACH

QUALIFICATIONS

- Master of Psychology (Organisational)
- Postgraduate Diploma Psychology
- Bachelor of Science (Psychology)
- Registered Psychologist (AHPRA)

SPECIALIST EXPERTISE

Career Coaching and Transition
Learning and Development
Psychometric Assessment
Strategic HR Consulting

SECTOR SPECIALISATION

Professional Services
Construction
Manufacturing
Financial Services
Information Technology
Public Sector

FOCUS

- Leadership & Management
- Career
- Transition & Outplacement
- Coaching

WHAT I BRING AS A COACH/MENTOR

I take an evidence-based approach to coaching and am intentional about creating a space for genuine empathy, support, and collaboration, in order to enable positive and self-initiated change. I am dedicated to helping people connect to what truly matters to them, and to translate what emerges into practical career solutions.

INTRODUCTION

Natalie holds a Masters Degree in Organisational Psychology. Since her registration as a psychologist in 2005, she has practiced in a range of settings including private practice and the corporate sector, and has a particular interest in supporting people to affect positive changes in their work and personal lives. Having worked locally and abroad, she has a deep appreciation for individual differences and welcomes the opportunity to support people from diverse backgrounds.

CAREER HISTORY

Natalie has specialised skills in corporate consultancy including career transition, leadership coaching, psychometric assessment and mental health and wellbeing in the workplace. Since joining Chandler Macleod as a Senior Consultant in 2015, she has delivered coaching programs to individuals at various levels in their career and across a variety of industries including Professional Services, Construction, Manufacturing, Financial Services, Information Technology, and Government.

Natalie enjoys coaching and facilitating to wider audiences, leaders and teams on a range of topics including: *Creating Mentally Healthy Workplaces, Psychological Safety, Assertiveness & Communication, Emotional Intelligence, Resilience and Wellbeing, and High Performing Teams.*

Through facilitation and coaching, Natalie support leaders, executives, and high potential individuals as part of targeted interventions such as leadership development programs, often utilising psychometric assessment results to enhance self-awareness and drive behavioural change. Drawing upon these insights, she supports people to identify and implement practical strategies to increase their effectiveness.

WHAT PEOPLE SAY ABOUT NATALIE

Coaching clients describe Natalie as an active listener, who asks thought-provoking questions, and provides constructive, personal feedback as valuable in helping them to gain clarity, overcome challenges, and set meaningful goals. They also describe her genuine care and intentionality when it comes to creating psychological safety and a non-judgmental space where they can openly explore their thoughts and emotions, helping them to identify the root cause of their challenges and identify ways to overcome these.